

♥ LOW SATURATED FAT ✓ LOW GLYCEMIC LOAD WF WHEAT FREE GF GLUTEN FREE DF DAIRY FREE V VEGETARIAN Ve VEGAN NUTS HAS NUTS IN

BREAKFAST SERVED UNTIL 11AM

POACHED EGG POTS

POACHED EGG & SAUCY BEANS

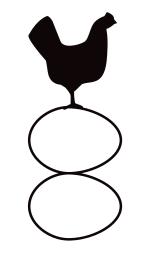
SLOW COOKED HARICOT BEANS FOR A SLOW ENERGY RELEASE, WITH A FREE RANGE POACHED EGG.

1.95 ✓ WF GF DF V

POACHED EGG WITH HAM & TRUFFLE GRUYÈRE

POACHED EGG TOPPED WITH HAM HOCK AND OUR TRUFFLE GRUYÈRE SAUCE.

2.65 ✓ WF GF



ADD AN **EXTRA EGG TO YOUR POACHED**

EGG POT FOR

GOOD **MORNING MUFFINS**

SMOKED SALMON & EGG MUFFIN

MUSHROOM

& EGG MUFFIN

SMOKED SALMON, A FREE-RANGE EGG. SPINACH WITH A LEMON AND DILL YOGHURT, SERVED IN A TOASTED ENGLISH MUFFIN. 3.75

ROASTED PORTOBELLO MUSHROOMS.

LEON-MADE KETCHUP, SERVED IN A

BRITISH BACK BACON SERVED IN A

TOASTED ENGLISH MUFFIN.

A FREE RANGE EGG. SPINACH &

TOASTED ENGLISH MUFFIN

BRITISH BACK BACON. A FREE-RANGE EGG, SPINACH AND LEON-MADE TOMATO KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN. 3.75

SAUSAGE & EGG MUFFIN

BACON &

EGG MUFFIN

BRITISH CUMBERLAND SAUSAGE & HOME-MADE TOMATO KETCHUP. SERVED IN A TOASTED ENGLISH MUFFIN WITH A FREE RANGE EGG.

3.75

SAUSAGE MUFFIN

BRITISH CUMBERLAND SAUSAGE & HOME-MADE TOMATO KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN. £3.25

PORRIDGE POTS

PORRIDGE WITH HONEY, BLUEBERRIES & TOASTED SEEDS

WITH BLUEBERRIES, TOASTED SEEDS AND RAW ORGANIC HONEY.

2.50

♥ WF V **ALMOND MILK OPTION: ♥** ✓ WF DF V NUTS

PORRIDGE OF THE GODS

WITH BANANA. MONTEZUMA 73% CHOCOLATE FLAKES AND RAW ORGANIC HONEY.

CHILDREN'S BREAKFAST

2.50 **♥** WF V

ALMOND MILK OPTION: ♥ WF DF V NUTS

PORRIDGE WITH

BANANA

1.50

WF V

GREEK **YOGHURT**

YOGHURT WITH BLUEBERRIES, HONEY & POMEGRANATE

GREEK STYLE YOGHURT WITH **BLUEBERRIES & POMEGRANATE** SEEDS DRIZZLED WITH RAW, ORGANIC HONEY

1.95 OUT / 2.35 IN √ WF GF V

YOGHURT OF THE GODS

DARK CHOCOLATE, HONEY AND BANANA.

£1.95 OUT / £2.35 IN ✓ WF GF V

PORRIDGE WITH

BLUEBERRIES

1.50

WF V

ORGANIC WHOLE MILK.

2.65

Fair Trade & Organic

LUNCH SERVED FROM 11AM

£3.25

3.75

✓ V

BACON

MUFFIN

HOT BOXES ALL SERVED WITH ITALIAN BROWN RICE

BRAZILIAN BLACK BEAN

OUR VERSION OF THE TRADITIONAL BRAZILIAN FEIJOA, BLACK BEANS, CARROTS AND ONIONS SPICED WITH SWEET & SMOKED PAPRIKA. IT TASTES DECADENT WHILE BEING REMARKABLY GOOD FOR YOU.

4.25

♥ ✓ WF GF DF V Ve

CHICKEN & CHORIZO CLUB

CHARGRILLED CHICKEN THIGH WITH SLICES OF ROASTED SPANISH CHORIZO, TOPPED WITH RED PEPPERS AND PARSLEY & FRESH SESAME SLAW.

6.95

♥ ✓ WF GF

CHARGRILLED CHICKEN HOT BOX

CHARGRILLED CHICKEN THIGH WITH A HANDFUL OF FRESHLY CHOPPED HERBS & FRESH SESAME SLAW.

6.85

CHOOSE YOUR SAUCE:

GARLIC AIOLI ♥ ✓ WF GF CHILLI **♥** ✓ WF GF DF

♥ ✓ WF GF DF **TARRAGON MAYO**

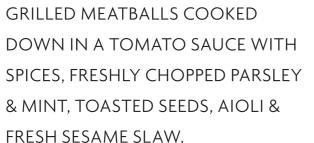
SWEET POTATO **FALAFEL**

OUR VERSION OF THE MIDDLE EASTERN CLASSIC. MADE WITH CHICKPEAS, SWEET POTATO & SPICES. TOPPED WITH ROASTED RED PEPPERS, GARLIC AIOLI AND PARSLEY & FRESH SESAME SLAW.

5.95

♥ WF GF V

MOROCCAN MEATBALLS



CHICKEN

BURGER

CHARGRILLED BUTTERFLIED

CHICKEN THIGH WITH FRESH

ROCKET, TOMATO AND PICKLES,

FINISHED WITH OUR PUNCHY

OLIVE OIL HERB MAYONNAISE.

5.75

6.85

✓ WF GF

WRAPS SERVED IN A GRILLED KHOBEZ FLATBREAD

GRILLED HALLOUMI WRAP

GRILLED HALLOUMI, FRESH COS LETTUCE, SLICES OF PICKLE, BABY PLUM TOMATO, PARSLEY & MINT, AIOLI AND OUR SWEET CHILLI JAM.

4.60

CHICKEN & CHORIZO CLUB WRAP

CHARGRILLED CHICKEN THIGH AND SLICES OF ROASTED SPANISH CHORIZO, WITH FRESH COS LETTUCE, SLICES OF PICKLE, GARLIC AIOLI AND LEON CHILLI SAUCE.

5.15

THE FISH **FINGER WRAP**

COD FILLET FROM SUSTAINABLE SHOALS, SERVED WITH COS LETTUCE, SLICES OF PICKLE AND OUR OWN-MADE TARTARE SAUCE. *MAY CONTAIN TRACES OF FISH BONE.

4.85

♥ DF

LAMB **KOFTE WRAP**

SLOW COOKED WITH CHILLI, GARLIC & CUMIN. WRAPPED UP WITH POMEGRANATE, MINT AND PARSLEY. A PRIMA DONER.

5.25

SALADS

COURGETTI & KALE SALAD



SPIRALISED COURGETTES AND SHREDDED KALE, SPRINKLED WITH GREEK-STYLE CHEESE. TOSSED IN OUR SICILIAN PESTO, MADE WITH FRESH BASIL. CASHEW **NUTS & TOMATOES.**

4.45 OUT / 5.35 IN ✓ WF GF V NUTS

CHARGRILLED CHICKEN AIOLI SALAD

CHARGRILLED CHICKEN THIGH

SERVED ON FRESH LEAVES AND BROCCOLI WITH PEAS, QUINOA, BABY PLUM TOMATOES, FRESH HERBS AND TOASTED SEEDS. TOPPED WITH OUR GARLIC AIOLI.

5.85 OUT / 7.00 IN

♥ ✓ WF GF

CHILDREN'S MENU

ALL SERVED ON A BED OF ITALIAN BROWN RICE WITH BROCOLLI & PEAS.

FISH FINGER RICE BOX

COD FILLET FROM SUSTAINABLE SHOALS WITH A POT OF OUR OWN TOMATO SAUCE. *MAY CONTAIN FISH BONE TRACES.

MEATBALLS RICE BOX

LEON'S CLASSIC GRILLED MEATBALLS COOKED DOWN IN A TOMATO SAUCE.

2.75 WF GF DF

2.75 DF

CHICKEN RICE BOX

FLAME-GRILLED CHICKEN WITH A POT OF OUR OWN TOMATO SAUCE.

2.75 WF GF DF

FALAFEL RICE BOX

OUR FALAFELS ARE BAKED NOT FRIED. MADE WITH CHICKPEAS. SWEET POTATO AND LOTS OF FRESH HERBS.

2.75 WF GF DF V Ve

JUICES

FRESH LEON-MADE **LEMONADE**

2.00

♥ WF GF DF V Ve

FRESHLY SQUEEZED ORANGE JUICE

1.95 **♥** WF GF DF V Ve

LEMON, LIME & GINGER QUENCHER

2.20 **♥** WF GF DF V Ve

♥ ✓ WF GF DF V Ve

1.95 OUT / 2.35 IN



FOR ANY FREE-FROM ADVICE, SPEAK TO OUR TEAM OR GO TO LEONRESTAURANTS.CO.UK/MENU

COFFEE SERVED ALL DAY, EVERY DAY

CAPPUCCINO 2.40 LATTE 2.40

2.00 **AMERICANO FLAT WHITE** 2.35 **ESPRESSO** 1.55 1.55 **MACCHIATO**

2.65

TEAS

MOCHA

ENGLISH BREAKFAST EARL GREY CHINA GREEN

1.65

LEON HOT CHOCOLATE

MONTEZUMA 73% CHOCOLATE FLAKES MELTED INTO STEAMED



SIDES

BAKED FRIES

CRISPY BAKED POTATO FRIES

SPRINKLED WITH LEON SEASONING.

LEON

2.20

WF GF DF V Ve

THE PROTEIN.

♥ ✓ WF GF DF

HUMMUS

3.45

CHARGRILLED

CHICKEN POT

CHARGRILLED CHICKEN THIGH

WITH MINT AND PARSLEY. PUMP UP

CHICKPEA DIP WITH TAHINI, LEMON

JUICE AND GARLIC. TOPPED WITH A

SPRINKLING OF HERBS AND SPICES.

ADD A KHOBEZ FLAT BREAD FOR 50p

CRUSHED PEA SALAD

MORE THAN PEA-SIZED POWER.

MINTED PEAS TOPPED WITH

TOASTED SEEDS, TOSSED IN A

MUSTARD TAHINI DRESSING,

A SIZEABLE SIDE OF PROTIEN.

SERVED WITH A WEDGE OF LEMON.

HUMMUS WHERE THE HEART IS.

1.95 OUT / 2.35 IN

✓ WF GF DF V Ve

DF V Ve