

# LEON



♥ LOW SATURATED FAT   ✓ LOW GLYCEMIC LOAD   WF WHEAT FREE   GF GLUTEN FREE   DF DAIRY FREE   V VEGETARIAN   Ve VEGAN   NUTS   HAS NUTS IN

## BREAKFAST SERVED UNTIL 11AM

### POACHED EGG POTS

- POACHED EGG & SAUCY BEANS**

SLOW COOKED HARICOT BEANS FOR A SLOW ENERGY RELEASE, WITH A FREE RANGE POACHED EGG.

**1.95**  
✓ WF GF DF V
- POACHED EGG WITH HAM & TRUFFLE GRUYÈRE**

POACHED EGG TOPPED WITH HAM HOCK AND OUR TRUFFLE GRUYÈRE SAUCE.

**2.65**  
✓ WF GF

ADD AN EXTRA EGG TO YOUR POACHED EGG POT FOR

**50p**

### GOOD MORNING MUFFINS

- SMOKED SALMON & EGG MUFFIN**

SMOKED SALMON, A FREE-RANGE EGG, SPINACH WITH A LEMON AND DILL YOGHURT, SERVED IN A TOASTED ENGLISH MUFFIN.

**3.75**  
✓
- BACON & EGG MUFFIN**

BRITISH BACK BACON, A FREE-RANGE EGG, SPINACH AND LEON-MADE TOMATO KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN.

**3.75**  
✓
- MUSHROOM & EGG MUFFIN**

ROASTED PORTOBELLO MUSHROOMS, A FREE RANGE EGG, SPINACH & LEON-MADE KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN

**3.75**  
✓ V
- BACON MUFFIN**

BRITISH BACK BACON SERVED IN A TOASTED ENGLISH MUFFIN.

**£3.25**  
✓
- SAUSAGE & EGG MUFFIN**

BRITISH CUMBERLAND SAUSAGE & HOME-MADE TOMATO KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN WITH A FREE RANGE EGG.

**3.75**
- SAUSAGE MUFFIN**

BRITISH CUMBERLAND SAUSAGE & HOME-MADE TOMATO KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN.

**£3.25**

### PORRIDGE POTS

- PORRIDGE WITH HONEY, BLUEBERRIES & TOASTED SEEDS**

WITH BLUEBERRIES, TOASTED SEEDS AND RAW ORGANIC HONEY.

**2.50**  
♥ WF V  
ALMOND MILK OPTION:  
♥ ✓ WF DF V NUTS
- PORRIDGE OF THE GODS**

WITH BANANA, MONTEZUMA 73% CHOCOLATE FLAKES AND RAW ORGANIC HONEY.

**2.50**  
♥ WF V  
ALMOND MILK OPTION:  
♥ WF DF V NUTS

### GREEK YOGHURT

- YOGHURT WITH BLUEBERRIES, HONEY & POMEGRANATE**

GREEK STYLE YOGHURT WITH BLUEBERRIES & POMEGRANATE SEEDS DRIZZLED WITH RAW, ORGANIC HONEY

**1.95 OUT / 2.35 IN**  
✓ WF GF V
- YOGHURT OF THE GODS**

DARK CHOCOLATE, HONEY AND BANANA.

**£1.95 OUT / £2.35 IN**  
✓ WF GF V

## CHILDREN’S BREAKFAST

- PORRIDGE WITH BANANA**

**1.50**  
WF V
- PORRIDGE WITH BLUEBERRIES**

**1.50**  
WF V

## COFFEE

SERVED ALL DAY, EVERY DAY

- CAPPUCCINO**

**2.40**
- LATTE**

**2.40**
- AMERICANO**

**2.00**
- FLAT WHITE**

**2.35**
- ESPRESSO**

**1.55**
- MACCHIATO**

**1.55**
- MOCHA**

**2.65**

## TEAS

- ENGLISH BREAKFAST**

**1.65**
- EARL GREY**

**1.65**
- CHINA GREEN**

**1.65**
- LEON HOT CHOCOLATE**

MONTEZUMA 73% CHOCOLATE FLAKES MELTED INTO STEAMED ORGANIC WHOLE MILK.

**2.65**



## LUNCH SERVED FROM 11AM

### HOT BOXES

ALL SERVED WITH ITALIAN BROWN RICE

- BRAZILIAN BLACK BEAN**

OUR VERSION OF THE TRADITIONAL BRAZILIAN FEIJOA, BLACK BEANS, CARROTS AND ONIONS SPICED WITH SWEET & SMOKED PAPRIKA. IT TASTES DECADENT WHILE BEING REMARKABLY GOOD FOR YOU.

**4.25**  
♥ ✓ WF GF DF V Ve
- SWEET POTATO FALAFEL**

OUR VERSION OF THE MIDDLE EASTERN CLASSIC. MADE WITH CHICKPEAS, SWEET POTATO & SPICES. TOPPED WITH ROASTED RED PEPPERS, GARLIC AIOLI AND PARSLEY & FRESH SESAME SLAW.

**5.95**  
♥ WF GF V
- CHICKEN & CHORIZO CLUB**

CHARGRILLED CHICKEN THIGH WITH SLICES OF ROASTED SPANISH CHORIZO, TOPPED WITH RED PEPPERS AND PARSLEY & FRESH SESAME SLAW.

**6.95**  
♥ ✓ WF GF
- MOROCCAN MEATBALLS**

GRILLED MEATBALLS COOKED DOWN IN A TOMATO SAUCE WITH SPICES, FRESHLY CHOPPED PARSLEY & MINT, TOASTED SEEDS, AIOLI & FRESH SESAME SLAW.

**6.85**  
✓ WF GF

### WRAPS

SERVED IN A GRILLED KHOBEZ FLATBREAD

- GRILLED HALLOUMI WRAP**

GRILLED HALLOUMI, FRESH COS LETTUCE, SLICES OF PICKLE, BABY PLUM TOMATO, PARSLEY & MINT, AIOLI AND OUR SWEET CHILLI JAM.

**4.60**  
V
- THE FISH FINGER WRAP**

COD FILLET FROM SUSTAINABLE SHOALS, SERVED WITH COS LETTUCE, SLICES OF PICKLE AND OUR OWN-MADE TARTARE SAUCE. \*MAY CONTAIN TRACES OF FISH BONE.

**4.85**  
♥ DF
- CHICKEN & CHORIZO CLUB WRAP**

CHARGRILLED CHICKEN THIGH AND SLICES OF ROASTED SPANISH CHORIZO, WITH FRESH COS LETTUCE, SLICES OF PICKLE, GARLIC AIOLI AND LEON CHILLI SAUCE.

**5.15**  
✓
- LAMB KOFTE WRAP**

SLOW COOKED WITH CHILLI, GARLIC & CUMIN. WRAPPED UP WITH POMEGRANATE, MINT AND PARSLEY. A PRIMA DONER.

**5.25**  
✓

### SALADS

- COURGETTI & KALE SALAD**

SPIRALISED COURGETTES AND SHREDDED KALE, SPRINKLED WITH GREEK-STYLE CHEESE. TOSSED IN OUR SICILIAN PESTO, MADE WITH FRESH BASIL, CASHEW NUTS & TOMATOES.

**4.45 OUT / 5.35 IN**  
✓ WF GF V NUTS
- CHARGRILLED CHICKEN AIOLI SALAD**

CHARGRILLED CHICKEN THIGH SERVED ON FRESH LEAVES AND BROCCOLI WITH PEAS, QUINOA, BABY PLUM TOMATOES, FRESH HERBS AND TOASTED SEEDS. TOPPED WITH OUR GARLIC AIOLI.

**5.85 OUT / 7.00 IN**  
♥ ✓ WF GF

### SIDES

- LEON BAKED FRIES**

CRISPY BAKED POTATO FRIES SPRINKLED WITH LEON SEASONING.

**2.20**  
WF GF DF V Ve
- CHARGRILLED CHICKEN POT**

CHARGRILLED CHICKEN THIGH WITH MINT AND PARSLEY. PUMP UP THE PROTEIN.

**3.45**  
♥ ✓ WF GF DF
- HUMMUS**

CHICKPEA DIP WITH TAHINI, LEMON JUICE AND GARLIC. TOPPED WITH A SPRINKLING OF HERBS AND SPICES. HUMMUS WHERE THE HEART IS.

### CHARGRILLED CHICKEN HOT BOX

- CHARGRILLED CHICKEN THIGH WITH A HANDFUL OF FRESHLY CHOPPED HERBS & FRESH SESAME SLAW.
- 6.85**
- CHOOSE YOUR SAUCE:**
- GARLIC AIOLI**

**CHILLI**

**TARRAGON MAYO**

♥ ✓ WF GF

♥ ✓ WF GF DF

♥ ✓ WF GF DF

CHARGRILLED

**CHICKEN BURGER**

CHARGRILLED BUTTERFLIED CHICKEN THIGH WITH FRESH ROCKET, TOMATO AND PICKLES, FINISHED WITH OUR PUNCHY OLIVE OIL HERB MAYONNAISE.

**5.75**

## CHILDREN’S MENU

ALL SERVED ON A BED OF ITALIAN BROWN RICE WITH BROCOLLI & PEAS.

- FISH FINGER RICE BOX**

COD FILLET FROM SUSTAINABLE SHOALS WITH A POT OF OUR OWN TOMATO SAUCE. \*MAY CONTAIN FISH BONE TRACES.

**2.75** DF
- CHICKEN RICE BOX**

FLAME-GRILLED CHICKEN WITH A POT OF OUR OWN TOMATO SAUCE.

**2.75** WF GF DF
- FALAFEL RICE BOX**

OUR FALAFELS ARE BAKED NOT FRIED, MADE WITH CHICKPEAS, SWEET POTATO AND LOTS OF FRESH HERBS.

**2.75** WF GF DF V Ve
- MEATBALLS RICE BOX**

LEON’S CLASSIC GRILLED MEATBALLS COOKED DOWN IN A TOMATO SAUCE.

**2.75** WF GF DF

## JUICES

- FRESH LEON-MADE LEMONADE**

**2.00**  
♥ WF GF DF V Ve
- FRESHLY SQUEEZED ORANGE JUICE**

**1.95**  
♥ WF GF DF V Ve
- LEMON, LIME & GINGER QUENCHER**

**2.20**  
♥ WF GF DF V Ve

### CRUSHED PEA SALAD

- MORE THAN PEA-SIZED POWER. MINTED PEAS TOPPED WITH TOASTED SEEDS, TOSSED IN A MUSTARD TAHINI DRESSING, SERVED WITH A WEDGE OF LEMON. A SIZEABLE SIDE OF PROTIEIN.
- 1.95 OUT / 2.35 IN**  
♥ ✓ WF GF DF V Ve