


SIDES

GREEN SALAD 
Mixed leaves, and cucumber
with fresh parsley and our
house dressing

OLIVES 

CHIPS 
With garlic mayo

£4.75	GARLIC FLATBREAD 	£3.95
	GARLIC FLATBREAD WITH CHEESE 	£4.45
£3.95	FRENCH BEANS 	£3.45
£3.45	BAKED BAGUETTE  Served with olive oil & balsamic vinegar	£2.95

DESSERTS

CRÊPES ET NUTELLA £5.45
Traditional French style crêpes filled with Nutella®

CRÊPES & SPICED APPLE £5.45
with vanilla ice cream

CHOCOLATE GATEAUX £4.95
Warm, melting chocolate cake with vanilla ice cream

DAIRY ICE CREAM £4.45
Choose your flavour : Vanilla, Chocolate or Strawberry

HOT DRINKS

	REG	LRG
AMERICANO	£2.50	£2.70
ESPRESSO	£2.00	£2.50
CAPPUCCINO	£2.60	£2.90
CAFÉ LATTE	£2.60	£2.90
MACCHIATO	£2.00	£2.50
FLAT WHITE	£2.80	–
MOCHA	£2.65	£2.95
CAFÉ NOISETTE ESPRESSO served with steamed milk, flavoured with Noisette syrup	£3.00	–
HOT CHOCOLATE	£2.60	£2.95
POT OF TEA	£2.10	–

SOFT DRINKS

STRATHMORE WATER £2.30
Still or Sparkling

FEVERTREE SOFTS £2.40
Ginger Beer / Ginger Ale / Indian Tonic Water / Light Tonic Water
Mediterranean Tonic Water

PEPSI, DIET PEPSI, LEMONADE, TANGO ORANGE £2.85

RED BULL £2.95

FRESHLY SQUEEZED ORANGE JUICE £3.10

FRUIT JUICES £2.50
Apple, Orange, Cranberry, Pineapple or Tomato

HOMEMADE DRINKS


ICED TEA £3.25
Refreshing and fabulous

POMEGRANATE ICED TEA £3.25
Our homemade iced tea
with a fruity twist

CITRON PRESSÉ £2.95
A French classic! Freshly made with
lemon juice, water and sugar

PINK LEMONADE £2.95
Homemade lemonade with a
dash of grenadine

We are proud to serve free range eggs.
Meat : All weights are approximate before cooking. 1oz = 28g.
*Made using unpasteurised milk.

 These items are suitable for vegetarians, however, we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff in our restaurants if you have any food allergies or intolerance. Full allergen information relating to our menu items can be found at: <http://restaurantallergens.com/balzarmc>. We accept all major currencies and credit cards. All prices are inclusive of VAT at the current rate.

Did you enjoy your meal?
We would love to know your thoughts, so please feel free to get in contact.
You can write to us at:

TRG Concessions, 5-7 Marshalsea Road, London SE1 1EP or email us at enquiries@trgconcessions.co.uk

Mon/Mar/12/16

Bon Appétit
CAFÉ BALZAR

MAIN MENU

**PLEASE ORDER
AT THE BAR**

BRUNCH

Served all day

MAGNIFIQUE £9.75

Two free range fried or scrambled eggs, two rashers of bacon, Cumberland sausage, Heinz baked beans, grilled tomato, grilled mushroom & chips

LES LEGUMES V £8.25

Sliced fresh avocado, grilled tomato, roasted peppers, veggie sausage, poached egg and homemade tabbouleh

BREAKFAST OMELETTE V £7.45

Freshly made to order and served with vine tomatoes and a flat mushroom

Add fillings £1.00 each

cheese, ham, bacon, tomato, peppers, onions, mushroom

Deliciously light

SCRAMBLED EGGS WITH SMOKED SALMON ON TOAST £8.95
Free range scrambled eggs and smoked salmon served on granary toast

Classically French CROQUES

CROQUE MONSIEUR £7.45

Wiltshire ham, Cheddar cheese and béchamel sauce

CROQUE DE LA MER £9.45

Smoked salmon, Cheddar cheese and béchamel sauce

CROQUE MADEMOISELLE V £7.25

Mixed roasted vegetables, Cheddar cheese and béchamel sauce

**WHY NOT ADD A FRIED EGG,
A SIDE OF FRIES OR BOTH FOR £1 EACH**

A little lighter FLATBREADS

An oregano flavoured flatbread topped with fresh ingredients. Choose from:

MARGHERITA V £8.25

Mozzarella and cherry tomatoes

TOULOUSE SAUSAGE £9.75

Toulouse sausage and mozzarella

GOATS' CHEESE & ROASTED VEG V £8.50

Tunisian spiced ratatouille with goat's cheese, red chillies and za'atar spices

HARISSA CHICKEN £9.75

Torn harissa spiced chicken, caramelised onion chutney, roasted peppers, chickpeas and mozzarella

SALAMI & CHEESE £9.75

Salami, prosciutto, slow roasted tomatoes, za'atar spices and mozzarella

SMALL PLATES

Choose one to start or a few to share

OLIVES V £3.95

HUMMUS & MUSIC BREAD V £4.50

TOMATO & HARISSA SOUP V £5.25

Delicious tomato soup spiced with Harissa and served with a crusty white baguette

CAMEMBERT V £6.95

Baked camembert flavoured with garlic and fresh herbs, served with a delicious cranberry sauce and a crusty baguette

CHICKEN WINGS £6.95

Juicy wings coated in date syrup and za'atar spices and served with Moroccan spiced yoghurt

CALAMARI £7.45

Deep fried squid rings, dusted with za'atar spices and served with garlic aioli

MEZZE PLATE V £6.95

Delicious hummus, falafel, ratatouille and tabbouleh, pomegranate seeds, chickpeas and olive oil and accompanied by a selection of breads

CHARCUTERIE & CHEESE BOARD £9.25

Hand selected salami and prosciutto accompanied by Roquefort* and bresse blue cheeses with music bread and a side of olives

GARLIC FLATBREAD V £3.95

GARLIC FLATBREAD WITH CHEESE V £4.45

FRESH & HEALTHY

SALAD NICOISE £10.95

A freshly grilled tuna steak on a classic Nicoise salad of French beans with butter, new potatoes, free range boiled egg, tomato, olives & baby gem lettuce. Mixed with fresh basil & parsley and drizzled with an olive oil dressing

CAESAR SALAD £9.75

Baby gem lettuce, crunchy croutons and Grana Padano shavings, tossed in Caesar dressing

MEDITERRANEAN SALAD £9.75

Watermelon, crushed pecans, pomegranate seeds, mint and rocket all tossed with Roquefort* cheese and a sticky date syrup dressing

MOROCCAN GRAIN SALAD V £9.95

Fruity couscous salad with radish, chickpeas, pomegranate, rocket and baby gem lettuce. All mixed together with fresh herbs & za'atar spices and dressed with a tomato & pine nut dressing

ADD CHICKEN TO ANY SALAD FOR £2.50

LARGE PLATES

Hearty & delicious

Our signature dish

TAGINE BALZAR V £10.50

Sweet potatoes, apricots and chickpeas cooked in a homemade spiced sauce, served in a traditional tagine, with a fruit couscous and warm flat bread on the side

Add Moroccan Spiced Chicken £11.75

HALF ROAST CHICKEN & CHIPS £10.95

Choose Traditional or Moroccan Marinated Chicken, served with a salad garnish and a side of fries

HOMEMADE TUNA FISHCAKES £9.95

Tuna, potato and spring onion fish cakes served on a green salad with tartar sauce, fresh lemon and chips

STEAK FRITES £17.95

6oz Sirloin steak, seasoned with sea salt and cracked black pepper, served with chips, salad and a béarnaise sauce.

CONFIT DUCK LEG £11.95

A freshly cooked confit duck leg on a bed of baby potatoes, sliced radishes, carrot, rocket, chickpeas and pomegranate all dressed with an orange & honey glaze

FISH & CHIPS £11.45

A Balzar twist on the British classic, freshly prepared fish cooked in a lemon & herb Panko breadcrumb, served with chips

LAMB KOFTE PITTA £10.95

Two homemade lamb koftes encased in a warm pitta bread with a rocket, herb & tomato salad and a side of traditional hummus

STEAK & CARAMELISED ONION BAGUETTE £11.45

Grilled steak with Dijon mustard mayonnaise, caramelised red onion chutney and tomato

TOULOUSE SAUSAGE BAGUETTE £10.45

With Dijon mustard mayonnaise and caramelised red onion chutney

BURGERS

All our beef burgers are 100% Irish beef and are served in a brioche bun with crispy fries on the side

THE CLASSIC BURGER £10.45

Our carefully crafted beef burger, topped with relish, lettuce, mayonnaise, tomato and red onion

BACON & CHEESE BURGER £12.95

The Classic, topped with bacon and melted cheese

HALLOUMI & FALAFEL BURGER V £10.95

Freshly warmed falafel, sliced halloumi, roasted peppers and rocket on a bed of Moroccan spiced yoghurt

MOROCCAN SPICED CHICKEN BURGER £11.75

Marinated in Moroccan inspired spices, served in a brioche bun with harissa mayonnaise and topped with smashed avocado and tomato & pine nut dressing

FRENCH BURGER £11.95

A juicy 100% beef burger topped with bresse blue cheese, caramelised onions, garlic aioli and fresh pea shoots

ADD FOR 75P

bacon, emmenthal cheese, blue cheese, mushrooms, avocado, fresh chilli